

# Jeffrey Allen Gehret, D.O.

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## Education:

- 2001 – 05 Doctor of Osteopathic Medicine, University of New England College of Osteopathic Medicine, Biddeford, ME
- 1998 – 01 Post Baccalaureate, General Science, University of Pennsylvania, Philadelphia, PA
- 1993 – 98 Bachelor of Science, Minors: Microbiology, Natural Science  
Pennsylvania State University, University Park, PA

## Postgraduate Training:

- 2009 – 2010 Pain Fellow, Anesthesiology, Thomas Jefferson University Hospital, Philadelphia, PA
- 2006 – 2009 Resident, Physical Medicine & Rehabilitation, Thomas Jefferson University Hospital, Magee Rehabilitation Hospital, Philadelphia, PA
- 2005 – 06 Intern, Medicine, Department of Family Practice, University of Medicine and Dentistry of New Jersey (UMDNJ), Christ Hospital, Jersey City, NJ and University Hospital, Newark, NJ

## Administrative Appointments:

- 2008 –2009 Educational Chief Resident, Department of Rehabilitation Medicine, Thomas Jefferson University Hospital, Philadelphia, PA

## Additional Professional Positions:

- 1998 – 01 Research Assistant, Department of Medicine, Renal Electrolyte and Hypertension Division, University of Pennsylvania, Philadelphia, PA

## Medical Licensure:

Pennsylvania

## Honors & Awards:

- 2009 Resident Award for Exemplary Scholarly Activity, awarded annually to one resident by the Department of Rehabilitation Medicine, Jefferson Medical College
- Resident Award for Exemplary Medical Student Teaching, awarded annually to one resident by the Department of Rehabilitation Medicine, Jefferson Medical College
- Scholarship Recipient , *Essentials of Pain Management: Principles and Practice* program, May 5-8, 2009 28th Annual Scientific Meeting of the American Pain Society
- 2007, 2008 Special Recognition for Exceptional Contributions, awarded by the Department of Rehabilitation Medicine, Jefferson Medical College

Scholarly Activity and Achievement, awarded by the Department of Rehabilitation Medicine, Jefferson Medical College

Certificate of Achievement for Medical Student Teaching, awarded by the Department of Rehabilitation Medicine, Jefferson Medical College

- 2002            Dean's Research Fellowship Award Recipient / Summer Research Fellowship, *Development of scVAb to block Ab binding in human anti-glomerular basement membrane autoantibody disease.* UNECOM / UPENN
- 1993 – 98        Dean's List – 4 Semesters, PSU  
Keystone Honor Society, PSU  
Health and Human Development Honor Society, PSU

### **Academic Committees:**

2007 – 2009    Senior Medical Student Liaison, Thomas Jefferson University/Jefferson Medical College

Resident Committee on Medical Student Education, Thomas Jefferson University/ Jefferson Medical College

### **Professional Societies:**

- 2009 – Present American Academy of Pain Medicine  
2008 – Present North American Spine Society  
2008 – Present American Pain Society  
2006 - Present American Academy of Physical Medicine  
2007 - Present Association of Academic Physiatrists  
2006 - Present Pennsylvania Medical Society  
2004 - Present American Osteopathic Association

### **Publications:**

- 2008            Jeffrey A. Gehret, DO, Mitchell K. Freedman, DO, and Liane Sher,MD. *Low Back vs. Hip Pain: How to Decide?* Practical Neurology. May 2008, 12-15.
- Gehret, J A, Fried, G W. *Neurosarcoidosis Presenting As Progressive Low Back Pain and Weakness Years After Laminectomy: A Case Report.* Am J Phys Med Rehabil. Submitted.
- 2002            Meyers, Kevin E C., Allen, Juanita., Gehret, Jeffrey., Jacobovits, Aya., Gallo, Michael., Neilson, Eric G., Hopfer, Helmut., Kalluri, Raghu., Madaio, Michael P. *Human antiglomerular basement membrane autoantibody disease in Xenomouse II.* Kidney Int. 2002. 61:1666-73.
- Makino Y, Cook, DN, Smithes O, Hwang OY, Neilson EF, Turka, Sato H, Wells AD, and Danoff TM. (2002). Gehret JA Acknowledgement. *Impaired T cell function in RANTES-deficient mice.* Clin Immunol. 2002, 102(3):302-9.
- 1999            Makino, Y., Post, J. B., Gehret, J. A., Madaio, M. P., Salant, D. J., Boring, L., Charo, I. F., Danoff, T. M. *Reduced Fibrosis and Crescents in CCR2-Deficient Mice with Nephritis.* J. Clin. Invest., July 1999.

### **Abstracts & Poster Presentations:**

Gehret JA, Pujol LM, Wang, DJ. *Prognostic Value of Psychological Testing in Patients Undergoing Spinal Cord or Occipital Stimulation.* Neuromodulation.

Gehret JA, Zhou L, Morrison W. *Retrospective Study of the Role of Lumbar Transforaminal Epidurogram and MRI in Predicting Clinical Outcome of Lumbar Transforaminal Epidural Steroid injections.* Arch Phys Med Rehabil, Vol 89; Issue 11, E104-105, Nov. 2008, Abstract and Grand Rounds Presentation.

Gehret JA, Formal, C. *Spontaneous Epidural and Spontaneous Subdural Spinal Hematoma: A Report of Three Cases.* Am J Phys Med Rehabil, Vol 87; No 3, S12, March 2008.

Gehret, J A, Fried, G W. *Neurosarcoidosis Presenting As Progressive Low Back Pain and Weakness Years After Laminectomy: A Case Report.* Arch Phys Med Rehabil, Vol 88; E90, Sept. 2007.

Meyers, K.E.C., Verma, S., Allen, J., Gehret, J.A., Gallo, M., Kalluri, R., Madaio, M.P., *Comparative Sequence Analysis of the Variable Antigen Binding Regions of scFv, F (AB)2 and Human IgG Mab Directed Against a 3(IV) NC1 collagen.* American Society of Nephrology, 2002.

Meyers, K.E.C., Allen, J., Gehret, J.A., Gallo, M., Hopfer, H., Kalluri, R., Madaio, M.P. *Induction of anti – GBM Disease by Human Monoclonal (M) anti - a 3(IV) NC1.* American Society of Nephrology, 2001.

Chen, S., Lee, B.J., Guo, J., Post, J.B., Gehret, J.A., Danoff, T.M., Ziyadeh, F.N., *Anti – TGF - b Antibody Treatment Ameliorates Fibrosis in Unilateral Ureteral Obstruction.* American Society of Nephrology, 1999.

Makino, Y., Post, J. B., Gehret, J. A., Madaio, M. P., Salant, D. J., Boring, L., Charo, I. F., Danoff, T. M. *Reduced Fibrosis and Crescents in CCR2-Deficient Mice with Nephritis.* American Society of Nephrology, 1999

Rudolph, E. H., Granger, D. A., Banta, M. B., and Gehret, J. A. *Selective breeding of ICR mice for differences in social behavior is associated with differences in nonspecific immune responsiveness.* Poster Presentation, 17th Annual Summer Symposium in Molecular Biology: Neuro-Endocrine-Immune Interactions, University Park, PA, July 1998.

### **Lectures & Presentations:**

Opioid Use in Chronic Pain, Grand Rounds,  
Thomas Jefferson University, January 2009

Pain Transmission and Spinal Cord Stimulation,  
Grand Rounds, Thomas Jefferson University, January 2008

Neurosarcoidosis Presenting As Progressive Low Back Pain and Weakness  
Years After Laminectomy,  
Grand Rounds, Thomas Jefferson University, April 2007

### **Continuing Education:**

Pain Fellows Theory and Technique Workshop, Memphis, TN  
Neuromodulation Academy, Fellows Course, Burr Ridge, IL  
Hydrocision, hydrodiscectomy cadaveric course, New Brunswick, NJ  
TruFuse, percutaneous posterior spinal fusion cadaveric course, New Brunswick, NJ

### **Community and Volunteer Experience:**

New York Marathon, Medical Staff, 2004 & 2005